Dear parent,

**Unit 6 – Expedition and Land Navigation**

On 30 April-2 May 2025 the Level 2 (Green) will be taking part in a 3-day, 2-night expedition in the Peak District.

The aim of the expedition is to allow students to engage in camping, climbing, hill walking and basic navigation skills in a relaxed classroom-free environment. This is an assessed element of the course and, as such, it is **mandatory**.

**Rob Cooke** (Mountain Leader) will be leading trip and will be supported by a second, female, member of staff (TBD).

We aim to depart no later than 0930 on Wednesday 30 April 2025 and return to college by 1630hrs 2 May 2025. Students will be in tented accommodation at Gradbach Campsite (address below) for the duration.

**Programme of activities**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Morning** | **Afternoon** | **Evening** |
| **Day 1** | Transit to Peak District | Navigate from a drop off point to the campsite Pitch tents  Briefings | Evening meal at the campsite  Evening activity (TBC) |
| **Day 2** | Breakfast  Vehicle move to crag  Climbing – Local crag (The Roaches) (external instructors)  Lunch on site  Walk back to campsite | | Evening meal  Digital night navigation exercise |
| **Day 3** | Breakfast | Return to CWA |  |

**Accommodation Catering and Equipment**

The group will be accommodated in tents, with two same-sex students sharing a tent, at Gradbach Campsite. The facilities are very good. Students will have access to an ablutions block which consists of hot & cold running water, drinking water, tins and cutlery washing sinks, showers, male & female toilets.

Food is on a self-catering basis (students must provide their feeding plan). A briefing will take place prior to the event.

A list of essential equipment required for the activity is included below.

**The cost of this ‘basic’ expedition is free**, however, we ask students for a **£30 contribution** to pay for the climbing activity on 1 May 2025, as this will require external instruction.

Students will be required to add their names to the trip via the ‘Online Store’ on the main CWA website ([College of West Anglia - King's Lynn, Wisbech & Cambridge (cwa.ac.uk)](https://cwa.ac.uk/), which will be available after the Easter Break.

Thank you for your continued support.

RN Cooke

(Trip Organiser)

Email: [rob.cooke@cwa.ac.uk](mailto:rob.cooke@cwa.ac.uk)

Telephone: 01553 815765

*A mobile telephone number will be provided prior to the event.*

**Address of Campsite**:

**Gradbach Scout Camp,**

Old Hall Farm,

Gradbach

SK17 0SU

Tel: 01260 227679

**Kit List in a rucksack**☺**.**

**\* Essential equipment**

☺ **Can be provided by college on request.**

\*Waterproof jacket and trousers. ☺

\*Spare socks.

Spare clothing as required by individual.

\*Sturdy walking/military style boots. **ABSOLUTELY** **no trainers or jeans**

\*Hat & gloves.

Head torch + spare batteries.

\*Food - sufficient for 2 breakfast, 2 lunches and at least one evening meal. Snacks as required.

No shops available once at the campsite

\*Fresh water is provided at the campsite.

\*Warm jacket/fleece. ☺

Sunglasses.

Sun cream/block.

\*Sleeping bag☺

Roll mat/ air mat. ☺

Flask and brew makings.

\*Water container.

\*Mess/cooking tins.

\*Knife, fork & spoon.

\*Gas cooker or equivalent. ☺(gas not supplied)

\*Wash kit, towel and personal hygiene (including personal toiletries).

\*Day sack (used to carry lunch & snacks, waterproofs, warm top etc., when away from the campsite).

Personal comforts.

Personal first aid kit (2x crepe bandage for sprains, 1x tubigrip, 2x large dressings) ☺

Some cash for en-route stops etc.

Kit to be carried in a daysack on the hills:

Flask and brew makings.

\*Waterproof jacket and trousers. ☺

\*Spare socks.

\*Warm jacket/fleece. ☺

\*Sturdy walking/military style boots

\*Hat & gloves.

Head torch + spare batteries.

\*Food

\*Fresh water

Sun glasses.

Sun cream/block.

All items of equipment will be the sole responsibility of the student when in their possession. The campsite is a trustworthy site. The campsite and college staff will not be held responsible for the loss of student personal equipment and cash.